Track: 2019-08-16 Le direttissime del Velino	**IBP = 161 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	11.18 Km
Analyzed distance	11.18 Km
Lineal distance	0.03 Km

Accumulated climb	1603.5 m
Accumulated descent	1546.8 m
Maximum height	2468.3 m
Minimal height	866.3 m
Climb rate	28.33 %
Descent rate	28.03 %
Positive climb difference per	143.43 m
Negative descent difference per	138.35 m

Total time	4:39:48 h
Time in movement	3:50:34 h
Stopped time	0:49:14 h

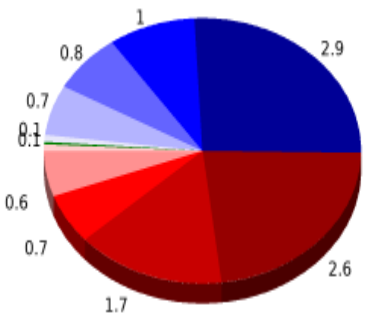
Total speed average	2.4 Km/h
Average speed in movement	2.91 Km/h
Maximum held speed	9.89 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	852 (cad. 13.12 m)
Significant points	308 (cad. 36.41 m / 36.15 %)
Aberrant points	216 (25.35 % d. total)

Direction changes per	14.76
Direction changes >5° per	12.25
Accumulated straight stretches	0.981 Km
Straight stretches per	87.75 m
Penalizables slope changes	6
Penalizables slope changes per	0.537

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Summary of slopes

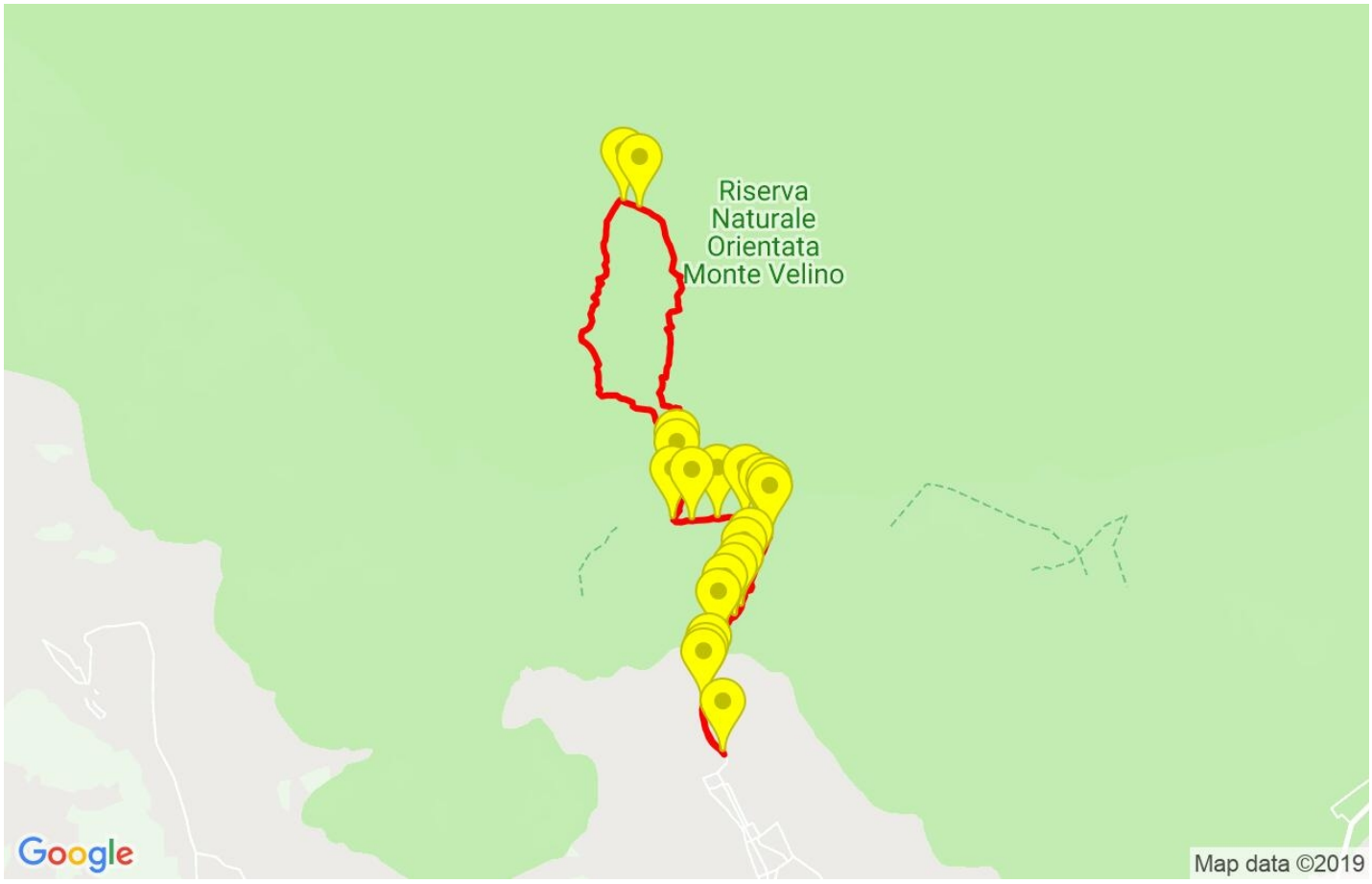


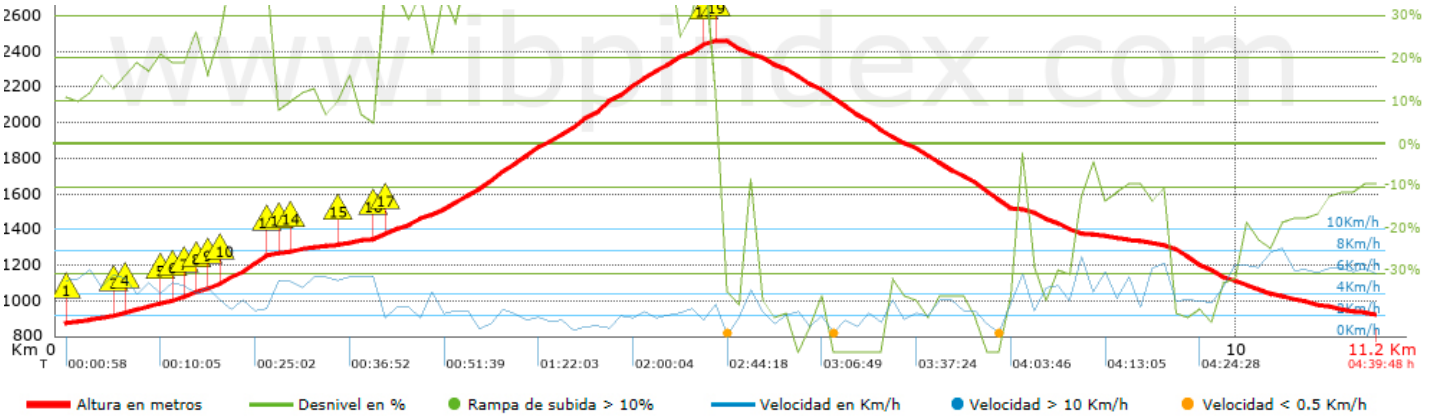
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.573	23.01	1.93	1:20:05
	Between 15 and 30%	1.677	15	3.43	0:29:21
	Between 10 and 15%	0.682	6.1	5.14	0:07:58
	Between 5 and 10%	0.612	5.47	5.1	0:07:12
	Between 1 and 5%	0.117	1.05	7.26	0:00:58
	Total :	5.66	50.63	2.7	2:05:34
	Plain				
	Difference of 1%	0	0	0	0:00:00
	Breakdown descents				
	Between 1 and 5%	0.079	0.71	4.77	0:01:00
	Between 5 and 10%	0.714	6.38	5.49	0:07:48
	Between 10 and 15%	0.815	7.29	5.94	0:08:14
	Between 15 and 30%	1.049	9.38	5.46	0:11:32
	Between 30% and 55%	2.861	25.6	2.25	1:16:26
	Total :	5.518	49.37	3.15	1:45:00
	Total track :	11.18	100 %	2.91	3:50:34

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Track: 2019-08-16 Le direttissime del Velino **Date: 16/08/2019**

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.039	11 %	385 m
2	0.425	13 %	37 m
3	0.461	14 %	69 m
4	0.53	17 %	317 m
5	0.847	19 %	110 m
6	0.957	22 %	105 m
7	1.061	22 %	77 m
8	1.139	23 %	124 m
9	1.263	24 %	110 m
10	1.372	40 %	367 m
11	1.739	37 %	36 m
12	1.775	15 %	66 m
13	1.961	11 %	187 m
14	2.327	11 %	132 m
15	2.671	22 %	65 m
16	2.736	39 %	2697 m
17	5.433	31 %	118 m
18	5.551	30 %	32 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	1317.536	11.79	0:34:30	2.29	0:22:27	0:56:57	1.39
2000	1135.752	10.16	0:38:20	1.78	0:16:04	0:54:24	1.25
1750	1246.25	11.15	0:36:51	2.03	0:03:07	0:39:58	1.87
1500	1361.063	12.18	0:36:37	2.23	0:07:36	0:44:13	1.85
Total :	5.061 Km	45.27 %	2:26:18 h	2.08 Km/h	0:49:14 h	3:15:32 h	1.55 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.523	0:03:24	1608	0:59:17	0:59:17	3.523
4.337	0:03:07	1958	1:30:29	0:31:12	0.813
4.551	0:03:29	2058	1:43:11	0:12:42	0.215
4.613	0:05:51	2088	1:48:48	0:05:37 < 10´	0.062
5.584	0:22:27 > 10´	2467	2:20:50	0:32:02	0.971
6.486	0:06:44	2184	3:06:49	0:45:59	0.902
7.9	0:04:12	1598	3:55:17	0:48:28	1.414
Total :	0:49:14 h				

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